

JOB DESCRIPTION & INFORMATION FOR ORGANISATIONS

Nature on Prescription Project Manager

Salary: £26,000 pro rata per annum

Hours: Full time (37.5 hours per week)

Term: Fixed term to June 2022

Location: Home based with travel across Northern Devon

Responsible to: Hannah McDonald, Wellbeing Lead – North Devon Coastal PCN with line management by Steve Seatherton, Ilfracombe Town Council

Deadline: 16th December 2021

Shortlisting: 17th December 2021

Interviews: 4th/5th January 2022

Are you passionate about helping people access the therapeutic benefits of our natural environment? Do you have an understanding of how local nature-based groups and organisations are run? Are you excited by the challenge of bringing these two things together to create a robust new 'Nature on Prescription' service that GPs can use to support people's wellbeing? If so, this may well be the job for you.

Background

Spending time in nature, particularly around water, offers huge health and wellbeing benefits to individuals but also has a role in helping the environment and reducing pressures on public spending that are caused by the knock-on effects of stress, depression and anxiety.

One Northern Devon in conjunction with the North Devon Biosphere have been successful in receiving funding from the UK Community Renewal Fund to capitalise on the well-established benefits that having access to nature can have on a person's health.

Social Prescribing is currently delivered by Primary Care Networks across northern Devon and many are developing Wellbeing Teams that can offer health coaching and support for people's wider needs that impact on their health.

Purpose of the Role

To increase the number, type and spread of nature based social prescribing provision across North Devon and Torridge.

To work with our partners in primary care to offer blue (water based) and green (land based) prescriptions to people who present to GPs with anxiety, stress, low mood or long term conditions where a person could benefit from increased activity outdoors.

To ensure those delivering interventions have all the necessary training, insurances, skills and access to training and support to provide a therapeutic session for individuals prescribed

To build on existing models of evaluation to agree the local evaluation framework for the Northern Devon Nature on Prescription service

Ensure there are options for support

Key deliverables of the role

1. Develop at least 10 new green Social Prescription options across our 4 Primary Care Networks taking into account the natural green and blue environment and the demographic of the particular location.

Types of activities we would like to see more widely available for referrals are:

- Conservation
 - Eg. Habitat restoration and creation
 - Wilderness focused
 - Bushcraft, forestry skills, foraging
 - Horticulture and gardening
 - Community gardening and allotments, Grow Cook Share
 - Care Farming
 - Animal husbandry
 - Sport or exercise aligned
 - Eg surfing, park yoga, walking football, sea swimming, outdoor gyms, walking
 - Creativity focussed
 - Eg art, green woodworking nature sketching
 - Nature appreciation
 - Eg citizen science, bird watching, forest bathing
 - Integrating talking therapies
 - Eg Mental Health Ramble, mindfulness, retreats
2. Develop 10 x 6 week interventions and add to the evidence base by evaluating the different activities to see what impact the intervention has on people's personal wellbeing scores, their ability to stay in or access work or whether it enables them to return to work sooner, or increases skills and interest in the natural environment.
 3. Create a toolkit for nature-based activity providers can access freely to support them to become 'assured nature-based prescription' providers including mental health first aid training, safeguarding etc
 4. 4-month pilot study of people offered blue and green prescriptions for between 80 and 100 individuals from referrals from healthcare providers
 5. Product report with 10 green/blue prescription options documented with delivery partners in place based on 6 week course – 2 hours per week per person
 6. To find create ways to develop activities to attract people into green and blue spaces such as through special interest groups and hobbies and increase the likelihood that they will continue after the initial intervention

7. To work closely with a Green Ranger (an external green/blue activity facilitator) where gaps in provision and/or extra support needs have been identified in green spaces belonging to NHS partners
8. Develop the financial model for distributing payment social prescription providers
9. Develop minimum standards framework for activity providers and Delivery Partner specification to ensure providers can deliver in a safe and legal manner (to include insurance, safeguarding, mental health first aid training etc)
10. Communicate via a number of channels within the PCNs to ensure all those who are carrying out social prescribing are aware of the offer in their locality
11. Using an evidence-based framework such as this one to develop the service:
https://www.ecehh.org/wp/wp-content/uploads/2021/05/A-Handbook-for-Nature-on-Prescription-to-Promote-Mental-Health_FINAL.pdf

<https://vimeo.com/586405499#> =

Person Specification:

Essentials and Desirables

Competency/Attribute	Essential	Desirable
Education, Professional qualifications and training	High Level of numeracy and literacy Minimum GCSE English & Maths A-C, Levels 1-5 [or equivalent].	Project management qualification
Knowledge & Experience	<p>Managing projects</p> <p>Experience of successfully building, managing and maintaining effective relationships with the public and external organisations</p> <p>Experience of monitoring and evaluation.</p>	<p>Experience of safeguarding</p> <p>Experience of risk management</p> <p>Experience of working collaboratively across organisations and sectors</p> <p>Experience with nature based activities</p> <p>Knowledge of Northern Devon area – geography, communities and/or community organisations</p>

<p>Abilities: Practical and Intellectual Skills</p>	<p>Demonstrated ability to work as part of a team.</p> <p>Ability to identify priorities and use own initiative.</p> <p>Ability to prioritise work, set and meet deadlines.</p> <p>Demonstration of excellent organisation skills.</p> <p>A comprehensive knowledge of MS Office [Word, Excel, Publisher & Power Point] and Outlook</p> <p>Ability to problem solve.</p> <p>Excellent Communication - both orally and in writing, with good presentation skills.</p>	<p>Managing budgets for activities</p> <p>Knowledge of website management and social media</p>
<p>Personal Circumstances</p>	<p>Able to work flexibly as required</p> <p>Ability to travel</p> <p>Must have appropriate circumstances to work from home and attend meetings virtually using MS Teams or zoom.</p>	
<p>Equality</p>	<p>Candidates must demonstrate an understanding of, acceptance and commitment to the principles underlying equal opportunities and inclusion.</p>	